



# Journey to the cross

Here are some suggestions of activities you might like to do as a family to mark Holy Week together. Holy Week is the week leading up to Easter when we remember what happened to Jesus and the things he did before he died. You might like to use the reflection sheet to help you think more about what you explore this week.

## Monday....the temple

+ Read Mark 13: 1-11 in a children's Bible

+ **Build a tower** with things from around your house – you could use Lego, Duplo, building blocks, books or plastic tubs with the lids on. How tall can you make your tower before it topples?

Jesus said bad things were going to happen and the temple would fall to the ground. How do you think the disciples would have felt hearing what he said?

Jesus told the disciples they should trust him and tell people of God's love even when people didn't listen. Would you have felt brave enough to do what Jesus said?



## Tuesday....the washing

+ **Watch** 'Jesus Washes His Disciples' Feet' by Saddleback Kids:

<https://www.youtube.com/watch?v=bv5ajWNrnt4>

+ **Fill up a bowl** with warm soapy water and take turns to wash each other's feet and dry them with a towel. It might not seem like a very nice job to wash other people's dirty feet! But Jesus did it to show he loved his friends. As you wash each person's feet, tell them what you love most about them.

## Wednesday....the meal

+ **Watch** 'The Last Supper' by Saddleback Kids:  
<https://www.youtube.com/watch?v=bv5ajWNrnt4>

+ **Read** 'An Important Meal' in The Lion Storyteller Bible

+ **Make some bread together** – you will need:  
450g strong bread flour (white or wholemeal)  
7g sachet of dried yeast  
1 tsp salt  
40g butter (softened)  
300ml warm water



When your bread is cooked, eat it together and talk about how the disciples would have felt having this last meal with Jesus. How do you think Jesus would have felt saying goodbye to his closest friends?

### How to make your bread:

- + Put the flour, yeast and salt in a bowl and mix together with your hands.
- + Stir the butter and water together.
- + Mix the wet and dry ingredients together to make a soft dough.
- + Turn the dough out on to a lightly floured surface and knead it gently for about 5 minutes until it doesn't feel sticky anymore. Sprinkle some more flour on it if it feels too wet.
- + Grease a loaf tin and put the dough into the tin.
- + Put the whole tin in a plastic food bag and leave for 1 hour in a warm dry place until the dough has risen so it doesn't spring back when you press your finger on it.
- + Make a few slashes across the top of the loaf with a knife and put it in the oven (preheated to 200C). Bake for 30-35 minutes until risen and golden.



### Thursday....the garden

- + Read Mark 14: 32-35 in a children's Bible  
<https://www.biblegateway.com/passage/?search=Mark+14%3A32-35&version=ICB>

Jesus went to the garden of Gethsemane to be with God and talk to him. We can talk to God anywhere and anytime about anything we want to.

- + **Draw** a tree trunk on a piece of paper. Think about the questions you would like to ask God. Together, draw leaves coming off your tree trunk and in each leaf, write a question you want to ask God. You could talk together about what you think God's answer might be. God doesn't always answer our questions straight away or in the way we might expect, but he always hears us.

### Friday.....the tomb

- + Watch 'Jesus Dies on the Cross' by Kids Play and Learn  
[https://www.youtube.com/watch?v=n\\_M3mBdulMY](https://www.youtube.com/watch?v=n_M3mBdulMY)
- + Read 'A Dreadful Day' (p.138) in The Lion Storyteller Bible
- + **Make a den** together using furniture and blankets from around your house. Hide in the den together and think about how the disciples must have felt on that dark day. Think about how dark it must have been inside the tomb. Find a torch and shine it inside your den. Think about how, although this was a sad day, we know that Jesus came to bring light to a dark world. See if you can remember some of the things Jesus did when he was alive that brought light into people's lives.





# Journey to the cross

Use this sheet to reflect on your journey through Holy Week. You can write or draw in the boxes or record your feelings in another way – whatever helps you to think about your journey with God.

	How did Jesus feel today?	How did the disciples feel today?	How do you feel today?
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			